Youth / Senior Lifesaving Carnival #5- Ocean Grove SLSC



Saturday 1 March 2025

Low tide: 7:27am - 0.67m | High tide: 1:47pm - 1.39m

Water and Beach - 9:00am Marshalling / 9:15am Start

Warm up 8:30am - 9:00am

Youth Female and Male	U17 & Open Female	U17 & Open Male	U14, U15, U17, Open Beach
U14 Surf Race	Ski Race	Ski Race	U14 1km Beach Run
U15 Surf Race	Surf Race	Surf Race	U15+ 2km Beach Run
U14 Board Race	Board Race	Board Race	Beach Sprint
U15 Board Race	Iron	Iron	Beach Relay
Youth Board Relay	Ski Relay	Ski Relay	Mixed Beach Relay
U14 Iron	Board Relay	Board Relay	Beach Flags
U15 Iron	Taplin Relay (3)	Board Rescue	
Youth Board Rescue	Board Rescue	Taplin (U17 - 3, Open - 6)	
Youth Cameron Relay (4)	Open Double Ski	*Open Mixed Double Ski	
		*Open Male Double Ski	
		*Mixed Open / Male Double Ski to commence following the completion of Open Female	

Please note:



- This is the planned order of events for each area, but it may change at any time and is dependent on area availability / conditions.
- · Due to time constraints and weather conditions, events may be modified or cancelled by the Carnival Safety Committee.
- All programs will be concluded by 4:00pm except for State Championships or unless stated in program.
- Time limits on each race may be applied.
- All events will run from Heats to Finals or a straight final.
- All events will be held in accordance with the <u>SLSA Surf Sport Manual 37th Edition (Revised January 2024)</u> as well as any relevant SLSA Circulars plus the LSV Local Rules as described in the 2024 / 2025 Team Managers and Officials Handbook.
- * Denotes event to be run if time permits.